

How to make EASY-PEASY Mayo

Ingredients



LIGHT OLIVE OIL
1 CUP (240MLS)



RAW APPLE
CIDER VINEGAR
2 TSP (10ML)



LEMON JUICE
2 TSP (10ML)



EGG: ONE WHOLE EGG
AND ONE EGG YOLK



STEVIA
A PINCH
(TO TASTE)



MUSTARD POWDER
1/2 TSP (2.5MLS)



OOPS!
NEARLY FORGOT THE SALT!
3/4 TSP (4ML)
SEA SALT

Nutrition Information

	Grams Per 100 mls	Grams Per Tablespoon Serving
Fat	84.84	12.73
Carbohydrate	0.92	0.14
Protein	3.77	0.57